

## 第一篇

# Cycling

Today we are going to talk to you about the sport of cycling. Cycling is a very popular sport all over the world. It is said there are more than 1 billion bicycles in the world today!

People that do cycling as a sport are called cyclists. It is a sport that requires fitness and strength.

Most cyclists use bicycles with two wheels. However, there are some that use unicycles (one wheel), tricycles (three wheels) and quadracycles (four wheels).

There have been cycling races for more than one hundred years. The first ever race in the USA was held in 1878 in Boston. This was 13 years before basketball was even invented!

The Tour de France started in 1903 and is still the most famous race in the world today.

If you were watching a road race like the Tour de France, you would see some amazing sights. There would be thousands of people lining the roads to cheer on their favorite cyclists. You could see hundreds of cyclists racing up and down mountains at speeds of almost 40 miles per hour.

You could hear the shouts of the crowd. You could feel the wind of the bikes as they whip past you. You could see the sweat on the cyclists' faces as they tried to push their bikes up the hills faster than everyone else.

There would be blood on knees and elbows from falling off bikes on tight bends. There would be smiles on the faces of riders as they crossed the finish line each day.

Finally, there would be a bright yellow jersey given to the fastest cyclist of the day as a prize.

Cycling is a sport that anyone can take part in; that's why it is so popular. All you need is a bike, a road or a park, and some friends, and you can do it too!

## 第二篇

# Hockey

Today we are going to talk to you about the sport of hockey. Hockey is a very popular sport all over the world. More than 5 million people play hockey in the world today. People think the name 'hockey' comes from the 'hooked sticks' that players use.

In the game of hockey, you have two teams, both trying to put the ball into the other team's goal using sticks. The team that scores the most goals is the winner. Most games are played for 60 minutes.

There are many different kinds of hockey. The most popular is Field Hockey, which is played on grass with wooden sticks and a hard rubber ball. Each team has 11 players.

Ice Hockey is very popular in colder countries. It is played on an ice rink by teams of 6 players. They use a hard rubber puck instead of a ball. Ice Hockey is a very fast, tough game and players need to wear pads and helmets so they don't get hurt.

Roller Hockey is played on roller skates or roller blades and is very popular too. It can even be played on the street.

If you were watching a big Ice Hockey game, you would see some amazing sights. There would be thousands of fans cheering for their favorite team. You could hear the scraping of the skates on the ice and the cracking of the sticks as they hit the puck.

You could feel the chill of the cold ice rink on your nose and hear the banging of the players as they crash into the walls. You could see the players skating fast as they chase after the puck and hear the cheers from the crowd when a goal is scored.

Hockey is a sport that anyone can play; that's why it is so popular. Get some sticks, some friends and a ball and you can play too!